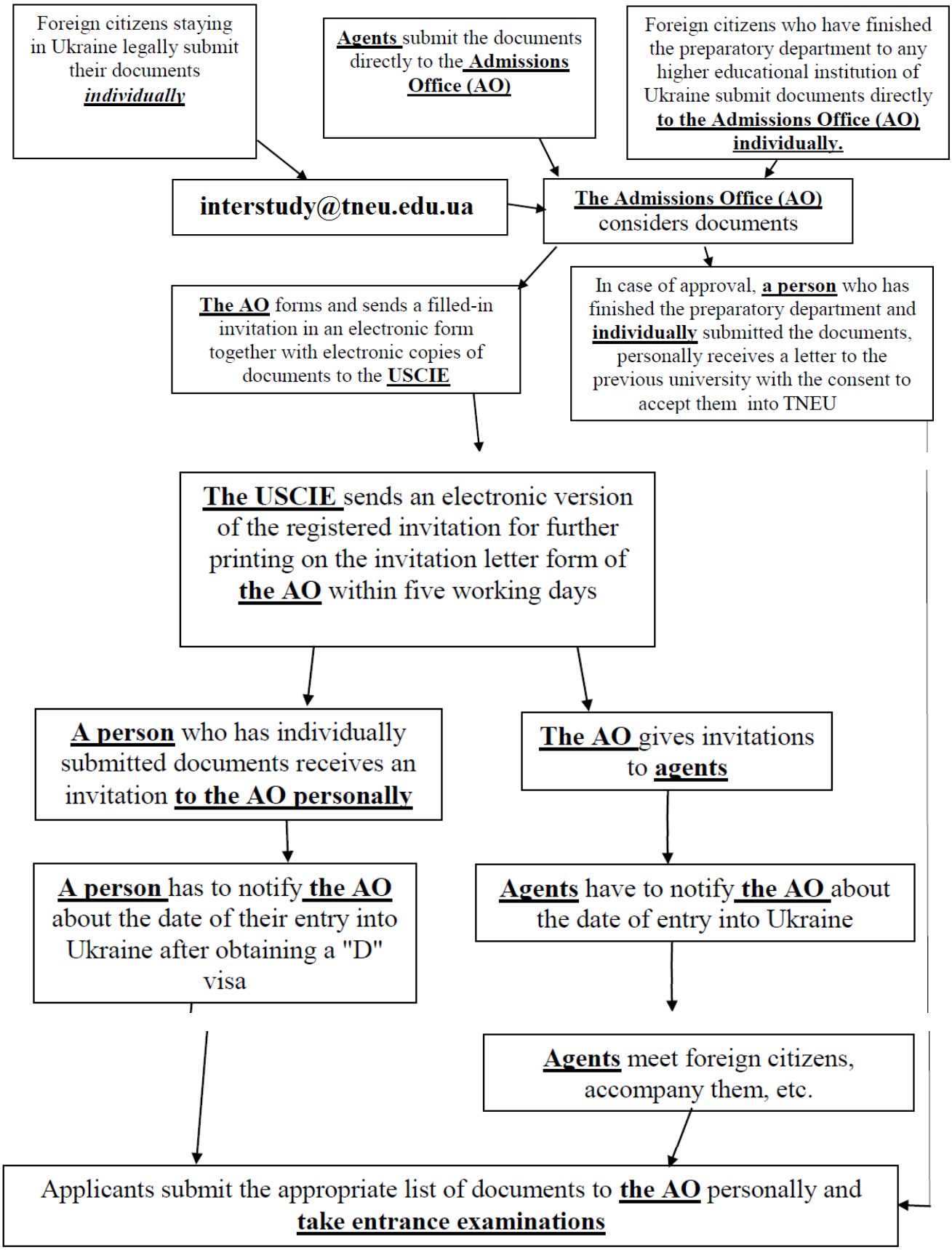Step-by-step guide for international admissions